

Sunday 8th February 2009 - 3rd Sunday before Lent

SUNDAY SERVICES

- 8:00am** Holy Communion - BCP (St Mary's)
- 9:15am** Parish Eucharist (St.Nicholas, Hinxworth)
Hymns: SF 333, 411, 99, 314
- 10:45am** Parish Eucharist (St Mary's)
Hymns: 343 340 518 391 242
Anthem: O Lord, increase my faith - Loosemoore
Junior Anthem: Litany to the Holy Spirit - Hurford
- 6:30pm** Choral Evensong (St Mary's)
Introit: O Lord, increase my faith - Loosemore
Hymns:
Psalm: 5
Canticles: Service in E flat - Brewer
1st Reading: Numbers 13.1,2,27-end
2nd Reading: Philippians 2.12-28
Anthem: Blessed are the pure in heart - Walford Davies

NEXT SUNDAY

- Sunday 15th: 2nd Sunday before Lent**
- 9:15am Parish Eucharist (St.Nicholas, Hinxworth)
- 10:45am Parish Eucharist (St Mary's)
- 6:30pm Choral Evensong (St Mary's)

For your Prayers this week:

Please pray for those who are sick including:
**Stan Aldridge, Gill, Brian Wheeler,
Derrick Haig, Andy and Barbara Nye**

And pray for the family and friends of those who have recently died:



Hinxworth Soup Lunch

This Friday the 13th February
12.30 - 2.00 pm Hinxworth Village Hall.
All welcome



Sorry

We regret that the Chamber Concert had to be cancelled last night at St Mary's and hope to reschedule it for late April or May.

Simon will be away this week Tuesday to Friday
If you have any immediate issues please contact your churchwardens.



Don't Miss

St Albans Cathedral Choir

Conductor Andrew Lucas
Organist Tom Winpenny
Singing music from the classics of the English Cathedral repertory



St Mary's 7th March 2009 at 7:30pm
All proceeds toward St Mary's Restoration Fund



Please pick up your new Readers/Intercessors request rotas from the back of St Mary's for you to fill in your available dates. Please return them to the office. If you would like this sent to you through email contact office@stmarysashwell.org.uk
Thank you again for your help with both Rotas. - Antje

THIS WEEK'S DIARY:

- Monday 9th**
9:00am Morning Prayer (St Mary's)
- Tuesday 10th**
9:00am Morning Prayer (St Mary's)
3:00pm Rosary Group (St Mary's)
- Wednesday 11th**
9:30am Morning Prayer (St Mary's)
10:00am Midweek Communion (St Mary's)
8:00pm Home Group ()
- Thursday 12th**
9:00am Morning Prayer (St Mary's)
8:00pm-9:00pm Bellringing Practice (St Mary's)
- Friday 13th**
9:00am Morning Prayer (St Mary's)
7:00pm-7:45pm Junior Choir Practice (St Mary's)
8:15pm Senior Choir Practice (St Mary's)
- Saturday 14th**
9:00am Morning Prayer (St Mary's)

Please take this sheet home with you, and use it in your prayers during the week.



And they brought to him all who were sick or possessed
... And he cured many.

Mark 1.29-39

Prayer is Important.



There is a new version of our Prayer Diary out this week - please take one from the back of St Mary's and use during your daily prayer. Thanks

Shrove Tuesday Supper on the 24th Feb. in the Bushel and Strike. Tickets available from Allan Budgen or Caroline Russell.

8 February, 2009 - The Third Sunday Before Lent

Collect of the Day

Almighty God, who alone can bring order to the unruly wills and passions of sinful humanity: give your people grace so to love what you command and to desire what you promise, that, among the many changes of this world, our hearts may surely there be fixed where true joys are to be found; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen.**

First Reading

Isaiah 40.21-31

Have you not known? Have you not heard? Has it not been told you from the beginning? Have you not understood from the foundations of the earth? It is he who sits above the circle of the earth, and its inhabitants are like grasshoppers; who stretches out the heavens like a curtain, and spreads them like a tent to live in; who brings princes to naught, and makes the rulers of the earth as nothing. Scarcely are they planted, scarcely sown, scarcely has their stem taken root in the earth, when he blows upon them, and they wither, and the tempest carries them off like stubble. To whom then will you compare me, or who is my equal? says the Holy One. Lift up your eyes on high and see: Who created these? He who brings out their host and numbers them, calling them all by name; because he is great in strength, mighty in power, not one is missing. Why do you say, O Jacob, and speak, O Israel, 'My way is hidden from the LORD, and my right is disregarded by my God'? Have you not known? Have you not heard? The LORD is the everlasting God, the Creator of the ends of the earth. He does not faint or grow weary; his understanding is unsearchable. He gives power to the faint, and strengthens the powerless. Even youths will faint and be weary, and the young will fall exhausted; but those who wait for the LORD shall renew their strength, they shall mount up with wings like eagles, they shall run and not be weary, they shall walk and not faint.

Psalm

Psalms 147.1-12

- 1 Alleluia.
How good it is to make music¹ for our¹ God, ♦
how joyful to¹ honour¹ him with¹ praise.
- 2 The Lord builds¹ up Je¹rusalem ♦
and gathers to¹ gether • the¹ outcasts • of¹ Israel.
- 3 He heals the¹ broken¹ hearted ♦
and¹ binds up¹ all their¹ wounds.
- 4 He counts the¹ number • of the¹ stars ♦
and¹ calls them¹ all • by their¹ names.
- 5 Great is our Lord and¹ mighty in¹ power; ♦
his wisdom¹ is be¹yond all¹ telling.
- 6 The Lord lifts¹ up the¹ poor, ♦
but casts down the¹ wicked¹ to the¹ ground.
- 7 Sing to the¹ Lord with¹ thanksgiving; ♦
make music to our¹ God up¹ on the¹ lyre;
- 8 Who covers the¹ heavens with¹ clouds ♦
and prepares¹ rain¹ for the¹ earth;

- 9 Who makes grass to¹ grow up • on the¹ mountains ♦
and green¹ plants to¹ serve our¹ needs.
- 10 He gives the¹ beasts their¹ food ♦
and the young¹ ravens¹ when they¹ cry.
- 11 He takes no pleasure in the¹ power of • a¹ horse, ♦
no de¹light in¹ human¹ strength;
- 12 But the Lord delights in¹ those who¹ fear him, ♦
who put their¹ trust • in his¹ steadfast¹ love.

Second Reading

1 Corinthians 9.16-23

If I proclaim the gospel, this gives me no ground for boasting, for an obligation is laid on me, and woe to me if I do not proclaim the gospel! For if I do this of my own will, I have a reward; but if not of my own will, I am entrusted with a commission. What then is my reward? Just this: that in my proclamation I may make the gospel free of charge, so as not to make full use of my rights in the gospel. For though I am free with respect to all, I have made myself a slave to all, so that I might win more of them. To the Jews I became as a Jew, in order to win Jews. To those under the law I became as one under the law (though I myself am not under the law) so that I might win those under the law. To those outside the law I became as one outside the law (though I am not free from God's law but am under Christ's law) so that I might win those outside the law. To the weak I became weak, so that I might win the weak. I have become all things to all people, that I might by all means save some. I do it all for the sake of the gospel, so that I may share in its blessings.

Gospel

Mark 1.29-39

As soon as Jesus and his disciples left the synagogue, they entered the house of Simon and Andrew, with James and John. Now Simon's mother-in-law was in bed with a fever, and they told him about her at once. He came and took her by the hand and lifted her up. Then the fever left her, and she began to serve them. That evening, at sundown, they brought to him all who were sick or possessed with demons. And the whole city was gathered around the door. And he cured many who were sick with various diseases, and cast out many demons; and he would not permit the demons to speak, because they knew him. In the morning, while it was still very dark, he got up and went out to a deserted place, and there he prayed. And Simon and his companions hunted for him. When they found him, they said to him, 'Everyone is searching for you.' He answered, 'Let us go on to the neighbouring towns, so that I may proclaim the message there also; for that is what I came out to do.' And he went throughout Galilee, proclaiming the message in their synagogues and casting out demons.

Post Communion Prayer

Merciful Father, who gave Jesus Christ to be for us the bread of life, that those who come to him should never hunger: draw us to the Lord in faith and love, that we may eat and drink with him at his table in the kingdom, where he is alive and reigns, now and for ever. **Amen.**